

ACHIVEMENTS

DISCIPLINE	EVENT	RESULT
ATHLETIC	12 th South Asian Championship – 2016 India	<p><u>Men's</u> Sgt Manjula Kumara WP – Gold Medal -High Jump Cpl Sadaruwan MHI- Gold Medal - Pole Vault (4.90m) CPI Ranasinghe RMSJ – Gold Medal - Javelin Throw (80.25 m) LAC Jayasiri VPA – Bronze Medal - Long Jump (7.46m)</p> <p><u>Women's</u> Cpl Nimali WKLA – Gold Medal - 800 M Silver Medal - 400x4 Fg Off RMCS Rasnayake – Silver Medal - 400m Silver Medal - 400x4</p>
	Asian Indoor Athletics Championship - - Doha	<p>Sgt Manjula Kumara WP — Bronze Medal - High Jump Cpl Nimali WKLA – Silver Medal - 800 M</p>
	94 th National Athletics Championship – 2016	<p><u>Men's</u> Sgt Manjula Kumara WP — Gold Medal - High Jump (Bast athletic) Cpl Sadaruwan MHI- Gold Medal - Pole Vault (5.00 m) New Sri Lanka Record LAC Jayasiri VAP - Gold Medal – Long Jump LAC Perera WKDS – Silver Medal –Decathlon LAC Sanjeewa PWG - Silver Medal- 1500 m LAC Rathnayake HMPG- Silver Medal-Discus Throw</p> <p><u>Women's</u> Cpl Nimali WKLA– Gold Medal – 800m,400m LAC Maduwanthi PKAA - Gold Medal-Hammer Throw (44.10m) New Sri Lanka, Discus Throw Record LAC Frenando WTK – Gold Medal - Shot Put LAC Ariyadasa ANL - Gold Medal – 10000m LAC Vidanaduruge SL- Gold Medal – 100m LAC Madushika PGN - Gold Medal – 200m LAC Lakshilka HAA - Silver Medal - Hammer Throw LAC Kularathne KHAD - Silver Medal-1500 m LAC Rathnasiri LDDE - Silver Medal- Triple Jump LAC WeerasekaraWMSK- Silver Medal - Discus Throw LAC Perera RAKL - Silver Medal – Pole Vault LAC Thilakasiri HGRM- Silver Medal- 100m</p>

ACHIVEMENTS

		Hurdle LAC Vidanaduruge SL- Silver Medal- 200 m LAC Ariyadasa ANL - Silver Medal- 5000 m LAC Kumari WHK - Silver Medal – Long Jump
	Rio Olympic 2016	CPI Ranasinghe RMSJ - Participated
AQUATICS	Rio Olympic 2016	AC Abeysinghe MD - Participated
ARCHERY	Junior National Archery Championship	<u>Women's</u> AC Himesha KPA – Silver Medal
	Senior National Archery Championship	<u>Women</u> LAC Mallika YM - Gold Medal – 70mtr event LAC Kalubowila LM - Gold Medal –30mtr event <u>30 mtr Women's Team event - Gold Medal</u> LAC Kalubowila LM LAC Himesha KPA LAC Dilhani TMN LAC Himesha KPA - Bronze Medal- 30mtr event <u>Men</u> LAC Perera KAUIG - Silver Medal – 50mtr event LAC Thilakarathne USP - Silver Medal – 50mtr event
KARATE	3 rd South Asian Karate Championship - 2016 (New Delhi)	Gold- 2
	National Karate Championship – 2016	<u>Men's</u> <u>Team Kata -Gold Medal</u> LAC De Silva KN LAC Faiz MS <u>Kumite event</u> Cpl Sibera WAE - Silver Medal LAC Dilhan WMSC - Silver Medal LAC Jayakody JAKL - Silver Medal LAC Shantha IG - Silver Medal LAC Ajith Kumara HW - Silver Medal <u>Women's</u> <u>Under 21 Years Female Kata Black Belt</u> AC Fernando HNT - Gold Medal <u>Under 21 Years Female Kumite Brown Belt</u> AC Seuwandi DASC - Gold Medal <u>Above 21 Years Female Kata Brown Belt</u> LAC Piyumali EAU - Silver Medal <u>Above 21 Years Female Kumite Brown Belt</u>

ACHIVEMENTS

		<p>LAC Piyumali EAU - 45 Kg - Gold Medal AC Rasadari MC - 55Kg - Gold Medal LAC Perera OAM - 55Kg - Silver Medal</p> <p><u>Above 21 Years Female Kata Black Belt</u> AC Rathnasinghe MR - Gold Medal LAC Faiz FS - Silver Medal</p> <p><u>Black Belt Team Kata</u> - Gold Medal LAC Faiz FS AC Rathnasinghe MR LAC Nirmali JADN</p> <p><u>Above 21 Years Female Kumite Black Belt</u> LAC Tissera WCC - 45 Kg - Gold Medal CPL Somasinghe KVRN - 50 Kg - Gold Medal LAC Jayakodiy JADBE - 55 Kg - Gold Medal LAC Nirmali JADN - 61 Kg - Silver Medal CPL Senavirathne PAC - 68 Kg - Silver Medal LAC Asangani MAS - 68 Kg - Silver Medal</p>
KABADDI	12th South Asian Championship – 2016 India	<p><u>Men's Team</u> - Bronze Medal LAC Indrakumara THDS LAC Samarakoon SMCR LAC Kuruppu KALKB</p> <p><u>Women's Team</u> - Bronze Medal LAC Lakmali MM LAC Sugandika P LAC Herath TMGK LAC Thilakshani PM LAC Gunathilaka HMSH LAC Jayasinghe WGSM</p>
	KL International Inter-City kabaddi Championship - Malayasia	<u>Women's Team</u> - Champion
	20 th National Kabaddi Championship	<u>Men's Team</u> - Champion
BADMINTON	12 th South Asian Championship – 2016 India	<u>Women's Team</u> LAC Shehani HDL - Bronze Medal
	SSC All Island Open Badminton Tournament - 2016	<u>Women's</u> <u>Open Single event - Gold Medal</u> LAC Shehani HDL
WRESTLING	12 th South Asian Championship – 2016 India	<p><u>Men's</u> LAC Maduranga TKS - Bronze Medal</p> <p><u>Women's</u> LAC Kumari MWDMP - Silver Medal AC Weerasinghe WECKR - Silver Medal LAC Senavirathna GGA - Bronze Medal LAC Priyanga Kumari MWDM - Bronze Medal LAC Rupasinghe RAMM - Bronze Medal</p>

ACHIVEMENTS

	National Wrestling Championship - 2016	<p><u>Women's - Champions</u> LAC Karunasena HAN - Gold Medal – (48 Kg) LAC Lakshika AP - Gold Medal – (53 Kg) LAC Kumari MWDMP- Gold Medal – (55 Kg) LAC Deumini SADN - Gold Medal – (58 Kg) LAC Priyanga Kumari MWDM- Gold Medal – (63 Kg) LAC Senavirathna GGA- Gold Medal – (69 Kg) AC Weerasinghe WECKR - Gold Medal (75 Kg) LAC Maduwanthi RACK - Silver Medal (60 Kg) LAC Wickramapala KKDP- Silver Medal (63 Kg)</p> <p><u>Men's - 02rd Runner Up</u> LAC Perera LADT- Silver Medal (57 Kg)</p>
BOXING	National Boxing Championship - 2016	<p><u>Men's</u> LAC Udaya kumara IPDC - Silver Medal (64 Kg) LAC Kumara - Silver Medal (75 Kg)</p> <p><u>Women's</u> AC Cooray MPSS - 54 Kg - Gold Medal LAC Abeyrathna YMAK - Silver Medal (55 Kg) LAC Dilini RS - Silver Medal (60 Kg)</p>
	Layton Cup Boxing Meet-2016	<p><u>Men's</u> Cpl Pathirana SAS – 52Kg - Silver Medal</p> <p><u>Women's</u> AC Cooray MPSS - 54 Kg - Gold Medal AC Perera KKIT -51 Kg - Silver Medal LAC Abeyrathna YMAK-57Kg - Silver Medal LAC Jayaweera NAPN – 60kg - Silver Medal</p>
	Clifford Cup Boxing Meet - 2016	<p><u>Women's</u> AC Cooray MPSS - 54 Kg - Gold Medal LAC Dilshani GYGM – 48 Kg - Silver Medal</p>
HOCKEY	12 th South Asian Championship – 2016 India	<p><u>Women's - Silver Medal</u> LAC Weerabahu WMIP LAC Prabashini HYS LAC Premasiri PACD LAC Wickramasinghe KMHS LAC Themiyadasa KACT</p>
	KDHA Invitation Club 7 A Side Hockey Championship	<p><u>Men's A Team - Champions</u></p>
	17 th Vijaya All- Island Inter Club Seven A-Side Hockey Tournament - 2016	<p><u>Men's A Team</u> - Runners up <u>Women's B Team</u> - Runners up</p>
VOLLEYBALL	12 th South Asian Championship – 2016 India	<p><u>Men's</u> - Silver Medal LAC Fenando KANC</p> <p><u>Women's</u> - Silver Medal</p>

ACHIVEMENTS

		LAC Prasadini JHD LAC Thushari JWP LAC Umayangani FRI LAC Ranasinghe RMAGCG
	35 th World Military Men's Volleyball Championship	DSSB Volleyball team 4 th Place
	Munchee National Volleyball Championship	<u>Women's</u> - Champions
CYCLING	"Jana Jaya" Cycling Championship	1 st Place – Sgt Jeewan Jayasinghe (Overall) 4 rd Place – Cpl Buddika Warnakulasooriya
	12th South Asian Championship – 2016 India	<u>Men's</u> Sgt Jeewan Jayasinghe – 2 Gold Medal LAC Appuhamy MANR - Silver Medal Cpl Buddika Warnakulasooriya - Bronze Medal LAC Nugera DS - Bronze Medal <u>Women's</u> LAC Priyadarshani PAS - Silver Medal , Bronze Medal
	"GUWAN HAMUDA" Cycling Championship	Overall Winner – LAC Ashen Tharuka
	SLT Speedup 5 Days Cycling Tour	Sgt Jeewan Jayasinghe – 3 rd Place
TRIATHLON	12th South Asian Championship – 2016 India	<u>Women's Team</u> - Bronze Medal LAC Dasanayake LKGKK LAC Silva KDA
ROWING	Rowing National Championship 2016	<u>Men's - Runners-up</u> <u>2X Scull Event - Gold Medal</u> LAC Chathuranga MKB LAC Rupasinghe DWTS <u>4- Event-Silver Medal</u> LAC Gayan IRB LAC Samaraweera HDS LAC Sanka AG LAC Kariyawasame KSTSN <u>2- Event - Silver Medal</u> LAC Kariyawasme KSTSN LAC Samaraweera HDS <u>Women's</u>

ACHIVEMENTS

		<p><u>4+ - Silver Medal</u> LAC MadushaniKWN LAC Kumari AGN LAC Wedage WAS LAC Gunathilake HSBS</p>
SQUASH	12th South Asian Championship – 2016 India	<p><u>Men’s Team</u> AC2UT Laksiri HRH</p>
	“ RCRM Global Open Squash Tournament -2016	<p><u>Open event</u> AC2UT Laksiri HRH - Gold Medal</p>
SHOOTING	12 th South Asian Championship – 2016 India	<p><u>Women</u> LAC Ruparathna GGUN - Silver Medal</p>
	IPSC National Handgun Championship 2015	<p><u>Open Division Man vs Men</u> LAC Wijesooriya NP - Champion</p> <p><u>Production Division Women</u> LAC Mekala A - Individual Champion</p> <p><u>Production Division Men</u> LAC Priyashan HTWJ - Individual 01st Runner up</p> <p><u>Production Division Men Team</u> - Silver Medal LAC Dayawansha PMDS LAC Priyashan LDS LAC Fernando PMMR LAC Vithana PWGNM</p> <p><u>Production Division Women Team</u> - Silver Medal LAC Mekala A LAC Priyadarshani Kumari RMS LAC Sanjeevani DGS LAC Chathurika GG</p>
	NSSF Skeet Nationals 2016	<p><u>Skeet Individual</u> Sgt Ranasighe MASB - Gold Medal Flt Lt EDMM Wijewickrama - Silver Medal</p> <p><u>Skeet Team event</u> - Silver Medal Flt Lt EDMM Wijewickrama Sgt Ranasighe MASB</p>

ACHIVEMENTS

JUDO	12 th South Asian Championship – 2016 India	<p><u>Men's</u> AC Dharmawardana RCN - Silver Medal LAC Gihan GWKGD - Bronze Medal</p> <p><u>Women's</u> LAC Sandamali MP - Bronze Medal LAC Wijewardana DYL - Bronze Medal</p>
	Rio Olympic 2016	LAC Dharmawardana RCN - World ranking 9 th Place
MOTOR RACING	Novices Race	<p><u>125 cc Standard event</u> LAC Pireis HYM - 1st Place Cpl Senarathne - 3rd Place</p>
	Sigiriya Rally Cross 2016	<p><u>125 cc Standard event</u> LAC Pireis HYM - 2nd Place Cpl Dissanayake - 3rd Place</p>
	Embilipitiya Sappers Motor Cross	<p><u>125 cc Standard event</u> LAC Dissanayake - 3rd Place</p> <p><u>250 cc Standard & Open event</u> LAC Pireis HYM - 2nd Place</p>
	Udawalawa Motor Cross	<p><u>125 cc Standard event</u> LAC Nissanka - 3rd Place</p> <p><u>250 cc Standard & Open event</u> LAC Pireis HYM - 3rd Place</p>
	Rotherham Motor Race 2016	<p><u>250 CC CBR event</u> LAC Galpeella YMEAS - 3rd Place</p>
WEIGHT LIFTING	12 th South Asian Championship – 2016 India	<p><u>Men's</u> LAC Peters SM - Silver Medal LAC Samarasekara PMRR - Bronze Medal</p> <p><u>Women's</u> LAC Wickramasinghe WMAS - Silver Medal LAC Dharmasena LGAV - Silver Medal LAC Gomas BDH - Silver Medal LAC Umeira M - Bronze Medal</p>
	Commonwealth Championship-2016 (Malaysia)	<p><u>Men's</u> LAC Palangasinghe DKTWK - Silver Medal</p> <p><u>Women's</u> LAC Gomes BDH – Bronze Medal</p>
HANDBALL	Malaysian Open Women's Championship	Champions

ACHIVEMENTS

CRICKET	Under 23 Division T-20 Cricket Tournament	Air Force vs Sarasens SC - Won by A/F Air Force vs Moors SC - Won by A/F Air Force vs Centralized SC - Won by A/F
	Permier T- 20 Cricket Championship	Women's Tame - Champions
TUG- OF -WAR	Inter Club Championship - 2016	Men's - Champions Women's - Runners-up
	Tug-of-War National Championship 2016	Men's - Champions Women's - 3 rd Place
TAEKWONDO	12 th South Asian Championship – 2016 India	<u>Men's</u> LAC Liyanage LCS - Bronze Medal
	1 st Junior National Taekwondo Championship 2016	<u>Men 's</u> AC Jayashantha HMTH - Gold Medal AC Obeysekera DFPC - Gold Medal (Male best male player) <u>Women's</u> AC Thamilmakal R - Gold Medal
CAROM	National Carrom Championship	<u>Women Double - Champions</u> VAW 02157 AC2UT Rahubadda RKY VAW 02068 AC2UT Liyanage LC <u>Women Single</u> VAW 02068 AC2UT Liyanage LC - Runners-up
	Victorious at the President's Cup Carrom Championship	<u>Women Double - Champions</u> VAW 02157 AC2UT Rahubadda RKY VAW 02068 AC2UT Liyanage LC
	Grand Slam Carrom Championship - 2016	<u>Women Single</u> VAW 02068 AC2UT Liyanage LC - Champions VAW 02157 AC2UT Rahubadda RKY- Runners-up
	President Cup Carrom Championship- 2016	<u>Women Single</u> VAW 02157 AC2UT Rahubadda RKY – 1 st Place VAW 02068 AC2UT Liyanage LC - 3 rd Place <u>Women Double - Champions</u> VAW 02157 AC2UT Rahubadda RKY VAW 02068 AC2UT Liyanage LC
	MidYear Novices Carrom Championship	<u>Men 's Champion</u> LAC Perera RHA

ACHIVEMENTS

	Carron World Championship (UK)	<u>SL Women's Team – Runners-up</u> AC Liyanage CL AC Rahubaddha RKY
	29th Federation Cup Carron Championship	<u>Women Double - Champions</u> VAW 02157 AC2UT Rahubadda RKY VAW 02068 AC2UT Liyanage LC
NETBALL	National Netball Championship	Runners-up
	Open Club Netball Tournament 2016	Champions
	State Service Knockout Netball Tournament -2016	Champions
	State Services League Netball Tournament -2016	Champions
WUSHU	National Wushu Championship -2016	<u>Men – Sanda</u> AC Thennakoon TMJK - Silver Medal LAC Rathnayake RMJSH - Bronze Medal <u>Women – Sanda</u> LAC Madumali WPM - Gold Medal <u>Men – Thaolu</u> LAC Ranaweera WPCS - Silver & Bronze Medal <u>Women – Thaolu</u> LAC Kumari MSS - Gold Medal- 2 Silver Medal – 2 LAC Liyanage LDN – Dual events - Gold Medal